# Spruce Room March Update



#### Children's Interests

The children have shown continued interest in what is in the sky! Whether were outside watching the airplanes go by the geese flying to and from the lake or looking out our window to discuss the weather.

We have discussed the clouds, sun and the stars and also the moon

The children's favourite song is still "Zoom, Zoom, Zoom, Were Going to the Moon" and last Friday we watched a short video of Elmo going to the moon in his rocket ship. The children appeared curious of what else is in the sky, they asked questions about Elmo and what he was wearing and the rocket ship sounds as he flew to the moon.

## **Programming Update**

Well-being plays a huge role in each child's life – it's once of the four foundations of learning. Part of well-being is self-help skills which come in many forms – independently putting our own shoes on, dressing and undressing for outdoor time, using a fork on our own, and trying a variety of skills on our own with guidance from the educator.

As new friends join the classroom, we will be getting to know the routine and one another as well so we will be asking questions such as what's your name, how old are you, etc. It is always important to make your friends feel special and to feel a sense of belonging – which is our goal!

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#### **Updates from your Educators**

We encourage each child to practice their growing self-care abilities; daily routines like mealtimes or getting ready to go outside can be an ideal opportunity for your child to practice these skills. Allowing them to test their abilities helps your child to recognize and value their own efforts and progress.

When a child feels a sense of accomplishment it can boost their confidence and foster future desire to do things for themselves.

We will be welcoming a few new friends to the Spruce Room:

Winnie is moving up from the Birch room, and Elijah will be joining his siblings here in the centre for the first time.

Emily, Khair, and Klara will be moving to the Pine Room in early March.

We have new pictures posted in our room so please come in and have a look around!

Soo Min, our Sheridan student, is now in her 6<sup>th</sup> week at Thistleoaks and has become a great addition to our classroom! The children are really enjoying her company and the activities she brings with her.

## **Important Dates**

March 17<sup>th</sup> is St Patrick's Day – please wear green!

March 31st is our centre-wide PJ Day!

Read our regular blog entries at www.thistleoaks.ca/blog